# Review Immune regulation of bone loss by Th17 cells

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# Abstract

A significant macrophage and T-cell infiltrate commonly occurs in inflammatory joint conditions such as rheumatoid arthritis that have significant bone destruction. Cytokines produced by activated macrophages and T cells are implicated in arthritis pathogenesis and are involved in osteoclast-mediated bone resorption. The scope of the present review is to analyze current knowledge and to provide a better understanding of how macrophage-derived factors promote the differentiation of a novel T-helper subset (Th17) that promotes osteoclast formation and activation.

## Introduction

Rheumatoid arthritis (RA) is a chronic inflammatory disease driven by immune dysregulation. The cause remains unknown, but environmental and genetic factors are believed to contribute to RA development. RA is characterized by joint inflammation, initially resulting in pain and swelling, and in a majority of the patients there is bone and cartilage erosion. The goal of current treatment regimens is to control inflammation and to retard the progression of structural damage of the joint bone structure as measured by X-ray analysis.

The RA joint synovial fluid and synovium contain a variety of hematopoeitic cells that are in direct proximity with the articular cartilage and underlying bone, and that contribute to the joint-destructive process. The present review will focus upon the bone-degrading cell, the osteoclast, and on how different T-cell subsets and their signature cytokines positively and negatively modulate osteoclast activity in autoimmune-driven inflammatory bone diseases. A specific Tcell subset, the Th17 cell, has a significant osteoclastogenic potential in the arthritic joint and may therefore provide a suitable target to combat arthritis and loss of joint function.

# **Osteoclast differentiation**

Physiological and pathological bone resorption is carried out by a specialized cell called the osteoclast. Osteoclasts are large 20 to 100  $\mu$ m multinucleated cells containing three to 100 nuclei with many mitochondria, lysosomes, dense granules, vesicles, and an extensive Golgi network required for the synthesis and secretion of factors required to degrade the bone matrix and subsequently phagocytose the resorbed products [1]. Tartrate-resistant acid phosphatase [2], cathepsin K [3], calcitonin receptor [4], and  $\alpha_{\nu}\beta_{3}$  integrin [5] are characteristic gene products of the mature osteoclast [6].

The initial event in bone resorption is the attachment of the mature osteoclast to the bone matrix. Cell surface  $\alpha_{\mu}\beta_{3}$ integrins bind to a variety of extracellular matrix proteins, including vitronectin, osteopontin, and bone sialoprotein. Arg-Gly-Asp-containing peptides, Arg-Gly-Asp mimetics, and blocking antibodies to  $\alpha_{v}\beta_{3}$  integrins inhibit bone resorption in vitro and in vivo, suggesting that this integrin plays a key role in osteoclast function [7]. Once attached to bone, the osteoclast generates an isolated extracellular microenvironment between itself and the bone surface by creating a sealing zone structure unique to the osteoclast. A ring of filamentous actin associates with the intracellular proteins vinculin, talin,  $\alpha$ -actinin, and cortactin, and the ring links to  $\alpha_{\nu}\beta_{3}$  integrins that have bound various extracellular proteins. The ring appears when the osteoclast is immobilized on bone and during the resorption process. The ring disappears prior to osteoclast detachment from the eroded site and migration to another resorption site.

Resorption depends upon acidification of this extracellular compartment, leading to demineralization of the inorganic bone component and subsequent organic matrix degradation by cysteine proteases. Cathepsin K, an acid-activated cysteine proteinase, plays a critical and necessary role in the bone resorption process [8]. The expanded membrane within the filamentous actin ring creates additional surface area for massive H<sup>+</sup> transport performed by the vacuolar (V-type)

 $CIA = collagen-induced arthritis; CSF = colony-stimulating factor; IFN = interferon; IL = interleukin; NF = nuclear factor; RA = rheumatoid arthritis; RANK = receptor activator of NF\kappaB; RANKL = receptor activator of NF\kappaB ligand; Th = T-helper cells; TGF\beta = transforming growth factor beta; TNF = tumor necrosis factor; Treg = regulatory T cell.$ 

electrogenic H<sup>+</sup>-ATPase [9]. The proton source is carbonic acid produced by carbonic anhydrase type II [9]. The intracellular pH is balanced by a passive chloride-bicarbonate exchange in the basolateral membrane. Metalloproteinases secreted by vesicles into the sealing zone can also degrade the organic matrix, but their actions are only partly known. The resorbed material is transcytosed through the osteoclast [10,11]. Although there are a few reports that macrophages and fibroblasts degrade or resorb mineralized bone *in vitro* [12,13], it is widely accepted that osteoclasts are the only cells capable of lacunar resorption [6].

The osteoclast lineage is distinct from other mesenchymal cells of the bone (osteoblasts, chondrocytes, adipocytes, bonemarrow stromal cells, and fibroblasts). Osteoclasts are hematopoietic derived [14] and are from the colony-forming unit granulocyte-macrophage progenitor cells, which give rise to granulocytes and macrophages [15]. Monocytes are released from the bone marrow into the blood, where they home into different tissues and differentiate into tissue-resident macrophages. Multinucleated osteoclasts are formed under appropriate stimuli by the fusion of mononuclear precursors within the monocyte fraction of peripheral blood [16].

PU.1 is a monocyte/macrophage-specific transcription factor that acts as a master switch in programming hematopoietic cell commitment and differentiation [17]. PU.1 promotes the celltype-specific expression of the myeloid lineage genes CD11b, CD11c, CD18, the granulocyte colony-stimulating factor (CSF) receptor, the granulocyte-macrophage CSF receptor, and the macrophage CSF receptor (c-fms) via binding to these genes' promoter regions [18]. Mice with homozygous PU.1 deficiency have osteopetrotic bones due to the lack of osteoclasts that would form from the myeloid lineage [19].

# **Osteoclast activation**

Macrophage CSF and receptor activator of NFKB ligand (RANKL) are the most important factors known to date to drive osteoclast formation and activity [20,21]. Macrophage CSF is a survival factor for osteoclast precursors due to upregulating Bcl-X<sub>1</sub>, inhibiting caspase-9 activation [22], and supporting mature osteoclast survival by preventing apoptosis [23]. Macrophage CSF stimulation also stimulates receptor activator of NFkB (RANK) expression in osteoclast precursor cells, thereby allowing RANKL to drive mature osteoclast formation [24]. RANKL is a transmembrane protein expressed by activated osteoblasts, synovial fibroblasts, and T cells. It can also be proteolytically cleaved by TNF convertase (TACE) to generate a soluble molecule that has osteoclastic activity at distal sites [25,26]. RANKLinduced osteoclastogenesis is inhibited by osteoprotegerin, a soluble decoy receptor for RANKL, which is also produced by a variety of cells including osteoblasts, synovial fibroblasts, B cells, and T cells [25-29]. Osteoprotegerin-deficient mice are severely osteoporotic [30], while osteoprotegerin-transgenic mice are osteopetrotic [28].

The NFkB pathway is an integral component in the osteoclast differentiation pathway, RANKL activates NFkB both via the canonical pathway due to  $I\kappa B\alpha$  degradation to release p50/RelA and p50/c-Rel heterodimers and via the alternative or noncanonical pathway by promoting p100 processing into p52 [31]. TNF also stimulates NFkB activation via the canonical pathway [32], and a synergistic interaction between RANKL and TNF may account for the pathological osteoclastogenesis seen in RA [33,34]. Elevated joint TNF activates TNF receptors expressed by osteoclast precursors [35] to drive NFkB and Jun N-terminal kinase activation using the TNF receptor adaptor proteins TRAF1, TRAF2, and TRAF6 [36-39]. Importantly, TNF induces osteoclastogenesis in RANK-deficient mice [40] and induces multinucleated cell formation from osteoclast precursors in the bone marrow macrophage population [41].

IL-1 receptors are expressed on mature osteoclasts [42], and exogenous IL-1 induces NF $\kappa$ B activation via TRAF6 [43]. IL-1 signals feed into the tyrosine kinase pathways through a TRAF6–Src molecular complex, which regulates the cytoskeletal reorganization essential for osteoclast activation and can enhance the ruffled border formation of the mature osteoclast and hence its resorbing activity [44].

There is a significant macrophage infiltrate in the arthritic joint, and the extent of synovial macrophage infiltration correlates strongly with the degree of joint erosion in arthritis [45]. Synovial macrophages isolated from different types of arthritides differentiate *in vitro* to fully functional osteoclasts via RANKL stimulation as well as independently of the RANK/RANKL signaling pathway, via TNF and IL-1 $\alpha$  signaling [46]. Stimulatory, costimulatory, and/or inhibitory signals may be provided by adjacent T cells present in the inflammatory infiltrate.

# T-cell subsets and their action on osteoclasts

The seminal observation in 1972 that osteoclast activity was increased by leukocyte-derived factors [47] gave rise to the idea that T cells influenced osteoclast differentiation and activation. Similar to the increased macrophage infiltrate, activated T cells are also found in inflamed RA synovial tissue and CD4<sup>+</sup> T-cell infiltration has become a hallmark of RA pathogenesis. This concept has become central to the understanding of RA, and a new field termed osteoclastogenesis is only partly known. We provide a brief overview of four T-cell subsets and the factors that drive their differentiation into these subsets, and we then concentrate on how the signature cytokine(s) of these T cells impact inflammation-driven osteoclastogenesis in arthritis.

#### T-helper 17 cells

The Th17 lineage has only recently been recognized and the factors involved in its differentiation are still being identified and sorted out. If a naïve T cell is activated in the presence of

transforming growth factor beta (TGF $\beta$ ) plus IL-6 in the mouse or TGF $\beta$  plus an inflammatory stimuli in the human, then the resulting clonal memory T-cell population will be instructed to produce the Th17 signature cytokines IL-17A, IL-17F, IL-22, and IL-26 (there is no mouse IL-26). The inflammatory stimuli in the human setting can be IL-1 $\beta$ , IL-6, IL-21, and/or IL-23 [48-53].

IL-17A is the only Th17 signature cytokine currently known to influence the biology of osteoclasts. The cytokine's message is also present in RAG-deficient mice (that is, T-cell and B-cell deficient), consistent with IL-17A also being produced from nonlymphoid sources [54]. IL-17A receptors are single-pass transmembrane proteins expressed by many cell types, including synovicytes [55], chondrocytes, [56] osteoblasts, [57], and osteoclasts (our data). Receptor activation results in NF $\kappa$ B activation and the phosphorylation and activation of the extracellular signal-regulated kinase, Jun N-terminal kinase, and p38 mitogen-activated protein kinase pathways [56].

Th17 cells express RANKL [58] and TNF [52,59], which directly act on osteoclast precursors to induce osteoclastogenesis. IL-17A induces RANKL expression by synovial fibroblasts and osteoblasts to indirectly drive bone erosion [60] and to activate synovial macrophages to secrete the known osteoclastogenic factors TNF and IL-1 $\beta$  [61]. Synovial and synovial fluid macrophages can differentiate to fully functional bone-resorbing osteoclasts, and Th17-induced synovial macrophage–osteoclast differentiation may represent an important cellular mechanism in the bone destruction associated with RA [46,62].

Several types of IL-17A antagonists have been used in a variety of animal arthritis models to address the efficacy of therapeutic IL-17A neutralization. Polyclonal anti-IL-17A antibody treatment after disease induction in the collageninduced arthritis (CIA) model decreased clinical scores over 10 days of therapy compared with controls. Ankles and knees had reduced synovitis, cartilage damage, chondrocyte death, proteoglycan depletion, and bone erosion (histologically and radiographically) [63]. Polyclonal anti-IL-17A antibody also inhibited the antigen-induced arthritis model's knee swelling, proteoglycan depletion, and bone erosion in the smoldering knee following reintroduction of antigen [64]. Mice immunized with formalin-fixed Borrelia burgdorferi and later challenged with live B. burgdorferi display transient joint inflammation. Knee swelling was reduced with either anti-IL-17A or anti-IL-17RA therapy, and ankles and knees were free of histopathological changes including bone erosions following either therapy [65]. Lastly, rat adjuvant-induced arthritis models treated with an IL-17R-Fc fusion protein demonstrated decreased paw swelling, joint histopathology scores, and bone radiographic scores [66].

Mechanistically, the bone protection following therapeutic IL-17A neutralization has been attributed to normalizing

excessive RANKL levels. Anti-IL-17A blockade in CIA and antigen-induced arthritis models that demonstrated decreased bone erosion correlated with decreased RANKL message and RANKL-positive cells in the joints [64,67].

#### **T-helper 1 cells**

IL-12 is a master differentiation factor produced by activated antigen-presenting cells. If a naïve T cell is activated in the presence of IL-12, then the resulting clonal memory T-cell population is instructed to produce the Th1 signature cytokine IFN $\gamma$ .

IFN $\gamma$  is also produced by another hematopoeitic cell type, the natural killer cell, following its activation. Osteoclast precursors and mature osteoclasts express the IFN $\gamma$  receptor and exogenous IFN $\gamma$  *in vitro* inhibits murine osteoclasto-genesis by inducing the rapid degradation of the RANK adapter protein TRAF6, resulting in strong inhibition of RANKL-induced activation of NF $\kappa$ B and Jun N-terminal kinase [68].

Activated mouse Th1 cells inhibited osteoclastogenesis when mixed in cocultures with either RANKL-stimulated mouse bone marrow macrophages or osteoblasts stimulated with vitamin D<sub>3</sub> and prostaglandin E<sub>2</sub> [58]. Activated Th1 cells expressed significant IFN $\gamma$  quantities, and the inhibitory effects of these cells on osteoclastogenesis were abrogated when using IFN $\gamma$  receptor-deficient osteoclast precursors [58]. Although exogenous IFN $\gamma$  inhibits RANKL-induced human osteoclastogenesis, it was paradoxical that IFN $\gamma$ -producing human T cells induced osteoclast formation in a RANKL-dependent mechanism (discussed below) [69]. The increased osteoclastogenesis effect may well be due to a Th1 proinflammatory cytokine TNF, which is known to synergize with RANKL.

The Th1 master differentiation factor IL-12 has anti-osteoclastogenic activities but the mechanism of inhibition remains unclear. Exogenous IL-12 inhibited RANKL-stimulated osteoclast formation from splenocytes or from osteoblast and splenocyte cocultures. This IL-12-dependent inhibition, however, was not due to IFNy [70]. IL-12 was also identified as the anti-osteoclast factor produced by Toll-like receptor 9 stimulation with CpG oligodeoxynucleotides that opposed RANKL-induced osteoclast differentiation [71]. CpG oligodeoxynucleotides, known to mimic bacterial DNA, modulate osteoclastogenesis via interactions with osteoclast precursors and osteoblasts [72]. Mice specifically deficient in IL-12 (that is, IL-12p35-deficient mice) were not protected from CIA, but show exacerbated paw swelling responses following collagen challenge [73]. Similarly, mice lacking IFNy signaling are not protected in the CIA model [74]. A Lyme's disease arthritis model using a two-step inactivated Borrelia vaccination followed by live Borrelia challenge shows a greater disease penetrance and severity when using IFN<sub>γ</sub>-deficient mice [65].

Collectively, these data do not support that Th1 cells, nor their signature cytokine IFN $\gamma$  or their master differentiation

factor IL-12, are major drivers of inflammation-associated osteoclastogenesis. These data instead support that this lineage may counteract other pro-osteoclast inflammation factors present in the RA joint, including Th17 products [75,76].

#### **T-helper 2 cells**

The source of the Th2 master differentiation factor IL-4 during the naïve to memory transition is controversial, but mature Th2 cells, natural killer T cells, basophils, and mast cells produce IL-4 [77-79]. Th2 cells produce the signature cytokines IL-4, IL-5, and IL-13 when they encounter a nonselfantigen (or a cross-reacting self-antigen) being presented by an antigen-presenting cell. Little is know regarding the role, if any, that IL-5 plays in osteoclast biology, whereas IL-4 and IL-13 have been extensively studied. Mouse spleen cells and bone marrow macrophages express IL-4 and IL-13 receptors, and the addition of these factors decreased RANKLstimulated tartrate-resistant acid phosphatase-positive multinucleated cell formation and cathepsin K message in splenocytes and bnone marrow macrophages [80]. IL-4 was more potent than IL-13 at inhibiting mouse osteoblast/osteoclast progenitor cocultures [81]. Mature osteoclasts express the IL-4 receptor, and exogenous IL-4 decreased tartrate-resistant acid phosphatase expression, actin ring formation, and bone resorption by osteoclasts [82]. Since IL-4 inhibits osteoclastogenesis by inhibiting NFkB and mitogen-activated protein kinase signaling [83], the synergistic action of RANKL and TNF to stimulate osteoclast formation is also inhibited by IL-4 [84].

The Th2 signature cytokines IL-4 and IL-13 also use other mechanisms to inhibit osteoclastogenesis. IL-4 and IL-13 promote expression of the natural RANKL antagonist, osteo-protegerin, by endothelial cells and osteoblasts [81,85]. IL-4 and IL-13 decreased RANKL and RANK protein in calvariae bone. Exogenous IL-4 addition to the CIA model had minimal impact on the outward signs of inflammation, but showed a bone-preserving biology including decreased bone erosion, tartrate-resistant acid phosphatase activity, and RANKL message [86,87]. In total, these data do not support that Th2 cells or their signature cytokines IL-4 and IL-13 are major drivers of inflammation-associated osteoclastogenesis, but instead support that this lineage along with the Th1 lineage may counteract Th17 products and other pro-osteoclast inflammation factors present in the RA joint.

#### **Regulatory T-cells**

The regulatory T cell (Treg) lineage is composed of overlapping T-cell subsets whose role is to dampen the immune response to minimize tissue destruction. There are a number of mechanisms by which the Treg dampens the immune system, including some requiring cell-to-cell contact, but the present review will focus upon the Treg signature cytokines TGF $\beta$  and IL-10 [88].

There is support for Tregs inhibiting osteoclastogenesis, but there are discrepancies regarding the key mechanisms by which it occurs. Zaiss and colleagues concluded that CD4+CD25+Foxp3+ Tregs inhibited osteoclastogenesis in a cell-contact-dependent manner with a minor contribution by the signature cytokines IL-4, TGF $\beta$ , and IL-10 [89,90]. In contrast, Kim and colleagues reported that human CD4+CD25+Foxp3+ Tregs inhibit osteoclast differentiation from peripheral blood mononuclear cells in a cell-contact-independent manner, but in an IL-4-dependent and TGF $\beta$ -dependent manner [91,92].

Although IL-4 is not considered a Treg signature cytokine, it does inhibit osteoclastogenesis by inhibiting NF $\kappa$ B and mitogen-activated protein kinase signaling [83]. The role of TGF $\beta$  in bone turnover is quite complex, with conflicting *in vivo* and *in vitro* data on whether resorption is enhanced or inhibited [93]. IL-10, however, has a clear inhibitory effect on osteoclasts by downregulating NFATc1 [94].

Tregs are enriched in inflamed joints of patients with rheumatic disease [95], but the interaction of Tregs with activated monocytes in the joint might lead to diminished suppressive activity of Tregs *in vivo* – thus contributing to the chronic inflammation in RA [96]. Other workers have reported that Tregs have neither an inhibitory effect nor an enhancing effect on osteoclastogenesis. Collectively, these data do not support that Tregs nor their signature cytokines TGF $\beta$  and IL-10 are major drivers of inflammation-associated osteoclastogenesis, but instead support that this lineage along with Th1 and Th2 signature cytokines may counteract Th17 and other pro-osteoclast inflammatory factors present in the RA joint.

# Flavors of T-helper 17 cells

The schematic concept of separate nonoverlapping T-cell lineages identified by their unique cytokine repertoire, however, is hampered by reality (Figure 1). A subset of Th17 cells defined by their expression of the signature cytokine IL-17A also produce IFN $\gamma$ , albeit less than that produced by Th1 cells [53]. The IL-17A/IFN $\gamma$  double-producing human T cells arise from *in vitro* naïve to memory T-cell differentiation cultures and are found in peripheral blood memory T cells from healthy donors [50,52,53]. It could be envisioned that factors present in the microenvironment during the naïve to memory transition could alter either the number of double producers that arise or could alter the magnitude of IL-17A to IFN $\gamma$  protein made by the double producers [49,50,53].

These different flavors of Th17 cells and, even more, the distinctly different T-cell subsets must be kept in mind when evaluating the literature precedent regarding T-cell effects on osteoclasts. The paradoxical observation that IFN $\gamma$ -producing T cells promoted osteoclast formation, highlighted above, provides such an example. IFN $\gamma$ -producing T cells and IFN $\gamma$ -nonproducing T cells were cultured with human monocytes in the presence of macrophage CSF. To the authors' surprise, IFN $\gamma$ -producing T cells induced osteoclastogenesis in a

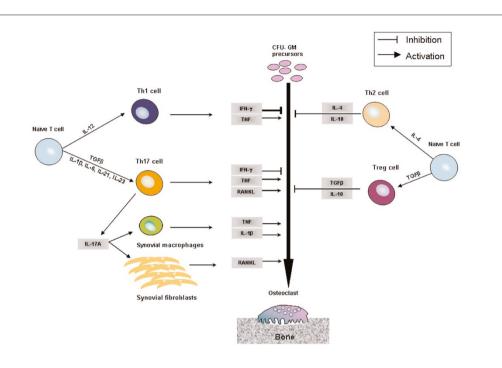


Figure 1

Schematic representation of T cell differentiation and T-cell signature cytokines that inhibit or induce osteoclastogenesis. CFU-GM, granulocyte-macrophage colony-stimulating factor; RANKL, receptor activator of NFκB ligand; TGFβ, transforming growth factor beta; Treg, regulatory T cell.

RANKL-dependent manner. The osteoclastogenesis was further enhanced when the anti-osteoclast factor IFN<sub>γ</sub> was neutralized, implicating other pro-osteoclast factor(s) being produced by IFN<sub>γ</sub>-producing T cells [69]. Th17 cells can be endowed with different cytokine repertoires and/or different secretion ratios between key cytokines based on master differentiation factors present in the microenvironment during initial antigen recognition [49]. All of the various osteoclastrelated factors must be taken into account when hypothesizing the impact that an activated T cell may have in an inflamed joint.

Mouse models have been key to expanding our knowledge of various T-cell subsets, the biology of their signature cytokines, and how these cytokines affect osteoclasts. This is also true for the Th17 lineage; however, there are two keys areas where mouse studies must be analyzed with caution when translating to humans.

IL-6 (in combination of TGF $\beta$ ) is required to differentiate activated naïve mouse CD4 T cells into memory IL-17A-producing Th17 cells [52]. Further exposure to IL-23 was required for full pathogenic activity *in vivo* (at least in animal central nervous system inflammation models). IL-6 is just one of a handful of proinflammatory factors (for example, IL-1 $\beta$ , IL-21, and IL-23) that can work singly and in combination to drive human Th17 development [49,50,52,53]. This dichotomy may overemphasize the role of IL-6 (from mouse studies) in human Th17-mediated osteoclast formation.

Secondly, Th17 cells from mouse autoimmune models rarely coexpress IFN $\gamma$  - whereas this is more the norm when working with human Th17 cells from healthy donors. Whether this is due to an inherent mouse/human difference or due to different disease states remains to be seen. Human Th17 cells may therefore have a more prominent IFNy anti-osteoclastogenesis brake on the human cell's activity than a corresponding mouse Th17 cell. This would be consistent with some rodent arthritis models having an explosive bone eroding component, in comparison with the much slower bone erosion seen in RA patients. It is important to note that these above cautions relate to how a memory Th17 cell is formed. Once the Th17 cell is formed, however, the osteoclastogenic factors produced by the cell have similar biology between the mouse and the human (for example, RANKL, TNF, IL-17A).

#### T-helper 17 cells in RA

Multiple lines of evidence point to Th17's disease association with RA. IL-17A protein is present in both the synovium and the synovial fluid of rheumatoid patients [97-101], and a subset of T-cell lines expanded *in vitro* from RA synovium expressed IL-17A and IFN $\gamma$  following activation [59,102]. Classical IFN $\gamma$ -only Th1 cells were also present and can be expanded from RA synovium [102,103]. Exploratory medical studies, however, not only support IL-17A's disease association, but implicate IL-17A's correlation with poor disease prognosis. IL-17A message in synovial membrane biopsies

was one factor (including TNF, IL-1 $\beta$ , and IL-10) that was predictive for subsequent bone erosion and joint damage as assessed by magnetic resonance imaging and radiography [104].

Additionally, Raza and colleagues prospectively collected synovial fluid samples within a few weeks after symptom onset from patients with early synovitis [105]. The patient's outcomes were subsequently determined 18 months after fluid acquisition to determine what early factors expression correlated with synovitis progression to RA. Patients were grouped into those who subsequently progressed to RA, those who subsequently progressed to non rheumatoid persistent synovitis, or those whose synovitis resolved. Importantly, IL-17A was one of a few factors (including IL-2, IL-4, IL-13, IL-15, basic fibroblast growth factor, and epidermal growth factor) whose expression in the earliest stages of disease was associated with subsequent progression to RA [105]. An IL-17A single nucleotide polymorphism was significantly associated with radiographic progression after 2 years [106].

Collectively, these data support that IL-17A is present in the inflamed synovium and that IL-17A expression levels correlate with poor prognosis and greater joint destruction.

In summary, Th17 cells are arrayed with factors that can directly and indirectly drive osteoclastogenesis. It is well appreciated within the T-cell development literature that master differentiation factors and signature cytokines of the Th1, Th2, and Treg lineage inhibit Th17 development. This same concept holds true from an osteoclastogenesis view-point since master differentiation factors and signature cytokines of the Th1, Th2, and Treg lineage inhibit osteoclastogenesis view-point since master differentiation factors and signature cytokines of the Th1, Th2, and Treg lineage inhibit osteoclastogenesis and Th17 products stimulate osteoclastogenesis.

#### Conclusion

Th17 cells are a newly discovered T-cell lineage that plays a role in the adaptive immune response to extracellular pathogens. The repertoire of molecules at its disposal to combat these pathogens is formidable. When these products are unleashed within an inflamed joint, however, they can directly drive osteoclast precursors to differentiate into osteoclasts via RANKL-dependent and RANKL-independent pathways. Additionally, Th17 factors can act on other cell types to indirectly increase the osteoclastogenic potential in the inflamed joint microenvironment. Targeting this T-cell lineage and/or its osteoclastic factors may provide alternative strategies to combat inflammatory joint diseases compared with the gold-standard TNF antagonist therapies.

# **Competing interests**

IEA and EPB are employees of Schering-Plough Corporation and therefore, receive salary from and/or hold stock in Schering-Plough.

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