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OX40/OX40L in RA

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Context

OX40, a tumor necrosis factor receptor (TNFR) family member on activated T cells, binds OX40L, a TNF family member on B cells, dendritic cells and endothelium. Their interaction provides T- and B-cell costimulation with T-cell activation and B-cell antibody production. Endothelial adhesion of activated T-cells and activation of dendritic cells may also result. This study investigated their role in inflammatory arthritis.

Significant findings

OX40L monoclonal antibody abrogated murine collagen-induced arthritis (CIA) when administered for 4 days from boosting immunisation but not if administered 7 days later. Serum IgG2a anti-collagen titres were specifically reduced; *in vitro*, T-cell proliferation in response to collagen was maintained, but α -interferon production was inhibited.

Rheumatoid arthritis synovial fluid T cells but not peripheral blood T cells expressed OX40, and OX40L was present on synovial sublining cells.

The authors conclude that OX40/OX40L interaction is not necessary for T-cell activation but enhances Th1 responses. The therapeutic effect of blockade may represent a reduced Th1 response, but also perhaps reduced migration of activated T cells to the joint.

Comments

This work suggests a potential target for RA immunotherapy but additional arthritis models need to be studied, as does the effect of blockade of OX40/OX40L in human synovial cultures or in [SCID](#) mice

bearing human synovial tissue. Additional mechanistic studies are needed to assess effects on lymphocyte migration, as well as actions on synovial antigen presenting cells and B cells, and modulation of synovial cytokine production. General immunosuppressive effects of therapy also require investigation. It is premature to recommend *in vivo* human studies, but a costimulatory interaction that modulates T-cell responses suggests an attractive therapeutic target. It is important to remember, however, that Th2 responses can also be damaging.

Methods

Collagen arthritis, blocking studies, proliferation assays, anti-collagen titres, immunohistochemistry

References

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