

## Research article

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**Inhibition of established collagen-induced arthritis with a tumour necrosis factor- $\alpha$  inhibitor expressed from a self-contained doxycycline regulated plasmid**

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*Arthritis Res Ther* 2004, **6**:R103-R113 (DOI 10.1186/ar1036)© 2004 Gould *et al.*, licensee BioMed Central Ltd (Print ISSN 1478-6354; Online ISSN 1478-6362). This is an Open Access article: verbatim copying and redistribution of this article are permitted in all media for any purpose, provided this notice is preserved along with the article's original URL.**Abstract**

Tumor necrosis factor (TNF)- $\alpha$  is produced by cells of the immune system and is a key mediator in immune and inflammatory reactions. Through interaction with widely expressed receptors (TNF receptor 1 and TNF receptor 2), TNF- $\alpha$  is able to orchestrate the expression of a range of downstream proinflammatory molecules. Over the past decade novel biologics that inhibit TNF- $\alpha$  have been developed as extremely effective treatments for rheumatoid arthritis. Structurally, these biologics are antibodies, or TNF receptors on an antibody backbone that bind TNF- $\alpha$  directly and are delivered to patients by repeated injection. Gene therapy offers an improved approach to delivering biologics as a single administration of their encoding genetic material. In the present study we demonstrate the therapeutic effect of a small molecular weight dimeric TNF receptor 2 (dTNFR)

constitutively expressed from plasmid DNA, delivered intramuscularly with electroporation, after disease onset in a collagen-induced arthritis model. Regulated promoters that enable the production of a transgene to be controlled are more suited to the application of gene therapy in the clinic. Regulated expression of dTNFR from the plasmid pGTRTT was also therapeutic in the mouse collagen-induced arthritis model when the inducer doxycycline was also administered, whereas no therapeutic effect was observed in the absence of doxycycline. The therapeutic effect of dTNFR expressed from a constitutive or regulated plasmid was dependent on the degree of disease activity at the time of DNA injection. The observations of this study are considered with regard to the disease model, the magnitude of gene regulation, and the path to clinical application.

**Keywords:** arthritis, doxycycline, gene therapy, regulated expression, tumour necrosis factor- $\alpha$ **Introduction**

Rheumatoid arthritis (RA) is a widespread (prevalence 0.5–1%), chronic inflammatory disease that is localized primarily in the joints and has several pathological features of autoimmune disease. The disease is characterized by cellular infiltration in synovial tissue, pannus formation, and both cartilage and bone erosion. The cytokine profile of RA joints reveals an abundance of macrophage and fibroblast cytokines such as tumour necrosis factor (TNF)- $\alpha$ , IL-1, granulocyte-macrophage colony-stimulating factor and IL-6, along with smaller amounts of T-cell products. TNF- $\alpha$

has proved pivotal among these cytokines, and the development of protein-based anti-TNF- $\alpha$  therapeutics, including Remicade<sup>®</sup> (Centocor Inc., Malvern, PA, USA) and Enbrel<sup>®</sup> (Immunex Corporation, Thousand Oaks, CA, USA), which inhibit joint inflammation and prevent joint destruction, represent a significant advance in the treatment of RA [1]. Importantly, they have proved effective in a high proportion of patients who do not respond to other therapies [2]. Drawbacks to these protein therapies are the requirement for repeated administration by injection and the high cost of treatment (US\$13 000/patient per year).

CIA = collagen-induced arthritis; CII = collagen type II; EGFP = enhanced green fluorescent protein; ELISA = enzyme-linked immunosorbent assay; IFN = interferon; IL = interleukin; PBS = phosphate-buffered saline; RA = rheumatoid arthritis; dTNFR = dimeric TNFR2; TNF = tumour necrosis factor; TNFR = tumour necrosis factor receptor.

We previously constructed dTNFR, which is a smaller inhibitor of TNF- $\alpha$  than existing biologics and consists of two extracellular subunits of the human TNF receptor TNFR2 connected by a short flexible serine glycine linker [3]. This molecule inhibits TNF- $\alpha$  *in vitro* [3] and has been shown to inhibit disease when delivered before onset in arthritis models [4] and was also therapeutic in a model of multiple sclerosis [5].

Gene therapy is potentially an improvement on protein therapy. Following the appropriate delivery of genetic material, the body's own cells are able to produce a protein therapeutic. Delivery of genetic material can be achieved with viruses such as adenoviruses, which give transient high-level expression of transgenes and have been widely applied in gene therapy in experimental RA models. Alternatively, retroviruses that integrate transgenes into the genome of dividing cells have proved effective tools in experimental *ex vivo* strategies in arthritis models [6]. The initial enthusiasm for viral vectors as candidate vehicles for gene delivery was tempered by safety concerns in clinical trials: first the death of a patient following administration of adenovirus [7]; and second the development of leukaemia in severe combined immunodeficient patients who received retrovirally transduced haematopoietic stem cells [8].

Plasmid DNA isolated from bacteria has no innate mechanism of cell entry or propagation, and does not encode accessory proteins or integrate into the genome, but it has the potential to be an efficient vehicle for gene delivery *in vivo* when administered by intramuscular injection. First reported by Wolff and coworkers in 1990 [9], injection of plasmid DNA into mouse skeletal muscle results in long-term (at least 2 months) transgene expression. More recently it was shown that when muscle was electroporated after DNA injection the efficiency of transfection was further enhanced by a factor of 100-fold, with transgene expression persistent up to 1 year [10]. Plasmid DNA also has the advantage of being very stable and both easy and cheap to produce in large quantities.

Ideally, gene therapy for a chronic disease such as RA will permit long-term production of a therapeutic molecule, so reducing the need for repeat administration. In combination with regulated promoter systems, therapeutic levels of a molecule are produced, so avoiding excess (toxicity) and inadequate (no effect) production, and this also provides a means by which to terminate expression in the event of adverse effects. Principal among the transcriptionally regulated systems that have been developed are the tetracycline 'off' [11], 'on' [12] and 'repressor' [13] systems, and the ecdysone [14], rapamycin [15] and streptogramin [16] systems, which are all two- or three-component systems that utilize a small molecule to regulate the activity of a responsive promoter (for review [17]). The tetracycline

regulated systems have the inherent advantage that tetracycline and several derivatives have well defined pharmacokinetics and pharmacodynamics [18]. We and others previously combined the components of the tetracycline 'on' system into a self-contained autoregulated plasmid vector [19].

In the present study we constructed plasmids encoding dTNFR from constitutive and regulated promoters, from which the expression of dTNFR was characterized *in vitro*. Function of the vectors was demonstrated *in vivo* after intramuscular delivery, and we examined the therapeutic effect of dTNFR expressed constitutively or in a regulated manner from plasmid DNA administered after the onset of disease in the mouse collagen-induced arthritis (CIA) model.

## Materials and method

### DNA and cloning

The vectors pGT, pGTL, pGTE, pGTRTL, and pGCMV were previously reported [19]. The construct pGTTRD, which encodes dTNFR from a *Ptet*, was constructed by removing the dTNFR sequence from the construct pTRIP [3] by restriction with *NcoI* filled in with Klenow, and cut with *XbaI*, and inserting it into pGT restricted with *EcoRV* and *XbaI*. The self-contained regulated plasmid pGTRTT encoding dTNFR was then constructed by removing the *Ptet*-dTNFR cassette from pGTTRD by restriction with *NheI* and *PfI* and ligating it into pGTRTL restricted with the same enzymes. The plasmid pcdTNFR, in which dTNFR is located downstream of a cytomegalovirus promoter, was constructed by removing the dTNFR gene from pGTTRD by restriction with *HindIII* and *XbaI* and inserting it into pcDNA3 (Invitrogen, Leek, The Netherlands) restricted with the same enzymes.

A control construct pGTRTEEmpty was also prepared, which retained all the elements of pGTRTT except the dTNFR gene. pGTRTE is an autoregulatory plasmid from which enhanced green fluorescent protein (EGFP) expression is regulated, and it was constructed by removing the *Ptet*-EGFP cassette from pGTE by restriction with *XhoI* and *PfI* and inserting it into pGTRTL restricted with the same enzymes. The EGFP gene was removed from pGTRTE by restriction with *ClaI* and re-ligation of the plasmid formed pGTRTEEmpty.

The plasmid pLuc+, which encodes luciferase from a cytomegalovirus promoter, was constructed by removing the improved luciferase gene (*Luc+*) from pGL3 Basic (Promega Corp., Madison, WI, USA) with the restriction enzymes *XhoI* and *XbaI* and inserting the gene into pcDNA3 restricted with the same enzymes.

Plasmids were expanded in *Escherichia coli* DH5 $\alpha$  except autoregulatory vectors, which were propagated in *E. coli*

DH 21. Plasmid DNA was purified using the Plasmid Mega Kit (Qiagen Ltd, Crawley, UK), or when required for injection into mice the EndoFree™ Plasmid Mega Kit (Qiagen Ltd) was used. All plasmids that were used in expression studies are depicted schematically in Fig. 1.

### Cells

Cos-7 (SV40 transformed monkey kidney fibroblast, ECACC cat. no. 87021302) cells were cultured in Dulbecco's modified Eagle's medium (BioWhittaker, Wokingham, UK) supplemented with 10% foetal calf serum (Gibco BRL, Paisley, UK), glutamine (2 mmol/l; BioWhittaker), penicillin (100 U/ml; BioWhittaker) and streptomycin (100 µg/ml; BioWhittaker).

### Transfections

Transfections were performed using the calcium phosphate precipitation method used previously [19]. Cos-7 cells were plated on 12-well plates at a density of  $0.4 \times 10^6$ /well and were transfected the next day with 2 µg DNA. Cells were subjected to an osmotic shock on the second day, after which fresh media was added with or without doxycycline at a concentration of 1 µg/ml. Supernatants were collected 24 or 48 hours later and levels of dTNFR were determined by ELISA.

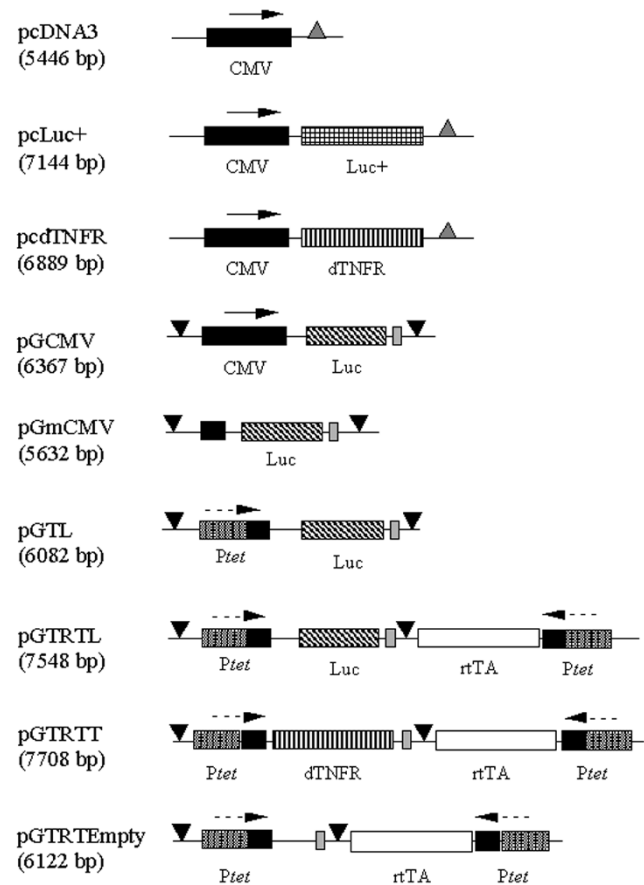
### In vivo electroporation

Mice were treated according to approved UK Home Office and institutional guidelines. Naïve or arthritic DBA/1 mice were injected intraperitoneally with the muscle relaxant Hypnorm™ (Janssen Animal Health, Janssen Pharmaceuticals, Beerse, Belgium) and were anaesthetized with halothane (Concord Pharmaceuticals Ltd, Dunmow, UK) using Boyle's apparatus (British Oxygen Company, London, UK). The fur covering the right quadracep was shaved and the exposed skin sprayed with disinfectant. Endotoxin-free plasmid for injection was prepared in a solution of 0.9% NaCl at a concentration of 250 µg/ml for reporter gene studies or 833 µg/ml for therapeutic studies. DNA (20 µl) was injected intramuscularly at three sites, and Camcare ECG gel (Camcare Gels, Mepal, UK) was then applied to the surface of the skin. Caliper electrodes 384L (BTX Instrument Division, Harvard Apparatus Inc., Holliston, MA, USA) were applied transversely across the quadriceps and the muscle was electroporated with four pulses at 200 V/cm and 20 ms duration at a frequency of 2 Hz using a BTX Electro Square Porator ECM 830 (Harvard Apparatus Inc.). The polarity of the electrodes was then reversed and the procedure repeated.

### Regulated expression of luciferase *in vivo*

Regulated expression of luciferase from pGTRTL was assessed in DBA/1 mice following intramuscular injection and electroporation. Expression of luciferase was compared with control plasmids pGmCMV, pGTL and pGCMV. Plasmid DNA was injected intramuscularly into 10-

**Figure 1**



Expression plasmids used in this study. Numbers in parenthesis represent the length of each vector in base pairs. ▼, SV40 early/late poly A signal; ▲, β-globin poly A signal; ■, downstream SV40 untranslated region. CMV, immediate-early enhancer/promoter; dTNFR, dimeric human tumour necrosis factor receptor 2; Luc, luciferase gene; Luc+, improved luciferase gene; Ptet, tetracycline responsive promoter; rtTA, reverse tetracycline transactivator.

12-week-old naïve DBA/1 mice along with electroporation. Luciferase expression in control groups was assessed 4 weeks after DNA injection, when animals were killed and muscle tissue was snap frozen until further processing.

The plasmid pGTRTL was injected into 30 mice, which were divided into six groups of five animals. These mice received normal drinking water for 2 weeks, and then two groups were given distilled water containing 10% sucrose, three groups drank doxycycline 200 µg/ml and one group was given doxycycline 2 mg/ml; the doxycycline solutions were prepared in distilled water containing 10% sucrose. All drinking bottles were wrapped in aluminium foil and were renewed every 2–3 days. After a further 2 weeks a group of animals from each treatment group was killed and the quadriceps muscles dissected and snap frozen. In order to analyze the reversal of gene induc-

tion from pGTRTL following the removal of doxycycline, a group of animals that had received doxycycline 200 µg/ml were switched to the sucrose drink. Three days later the remaining mice were killed and muscles collected as for the others.

#### Luciferase assay

Luciferase activity in transfected muscle was determined using the luciferase assay system (Promega Corp.). Quadriceps muscles dissected from treated mice were snap frozen and stored at  $-70^{\circ}\text{C}$ . Frozen muscle was processed by a method similar to that described by Hartikka and coworkers [20]. Briefly, they were first crushed in a freezer mill (model 6750; Spex Centriprep Inc., Metuchen, NJ, USA) and the powder was transferred to an Eppendorf tube containing 0.5 ml reporter lysis buffer. The suspension was then subjected to three rounds of freeze thawing, followed by 15 min of vortexing at  $4^{\circ}\text{C}$ . Samples were centrifuged (13 000 rpm for 5 min) and the lysate collected; pelleted material was resuspended in a second aliquot of lysis buffer and was subjected to the 15 min of vortexing followed by centrifugation. The second lysate was combined with the first and luciferase activity was determined in a 20 µl aliquot of the sample, which was automatically mixed with 100 µl of luciferase assay substrate, and light emission measured using a MLX Microtiter<sup>®</sup> Plate Luminometer (Dynex Technologies Inc., Chantilly, VA, USA). Protein concentrations of muscle lysate were determined using the Bradford protein assay (Bio-Rad Laboratories Inc., Hercules, CA, USA) and values for luciferase activity were expressed as relative light units per microgram of protein.

#### Collagen-induced arthritis

DBA/1 mice aged between 10 and 12 weeks were administered Hypnorm<sup>™</sup> (0.1 ml, intraperitoneally) and were shaved at the base of the tail. Bovine collagen type II (CII) was emulsified with complete Freund's adjuvant at a final concentration of 2 mg/ml, and a total of 0.1 ml was injected intradermally at three sites at the base of the tail. Twenty-one days later, a booster (0.1 ml) consisting of CII emulsified with incomplete Freund's adjuvant (2 mg/ml) was injected intradermally across three sites at the tail base. A further 3 days later animals were injected with lipopolysaccharide (40 µg in 0.1 ml phosphate-buffered saline [PBS]; *E. coli* serotype 055:B5; Sigma-Aldrich Co. Ltd, Poole, UK) intraperitoneally to synchronize disease [21]. The development and progression of arthritis was monitored every 2–3 days and was assigned a clinical score based on visual signs of arthritis (0.25=swelling in a single digit; 0.5=swelling in more than one digit; 1=swelling and erythema of the paw; 2=swelling of the paw and ankle; 3=complete inflammation of the paw; the maximum score for each mouse was therefore 12) and the thickness of hind paws was measured using POCO 2T calipers (Kröplin Längenmesstechnik, Schlüchtern,

Germany). Mice were monitored until 40 days after immunization, when they were killed and blood was collected for serum and draining lymph nodes were collected for assessment of stimulated cytokine secretion.

Three days after injection of lipopolysaccharide (day 27), animals were assessed for development of arthritis. Animals with a clinical score of 0.5 or above were used in gene therapy experiments and were administered 50 µg of DNA intramuscularly in 60 µl at three sites and were electroporated utilizing conditions described above.

#### Cytokine expression from draining lymph node cells

Inguinal draining lymph nodes were removed from mice on day 40 after immunization. Incisions were made in the lymph nodes and cells were dispersed using a nylon cell strainer (70 µm; Becton Dickinson Labware, Franklin Lakes, NJ, USA). Cell suspensions were centrifuged and resuspended at  $3 \times 10^6/\text{ml}$  in Dulbecco's modified Eagle's medium supplemented with 10% foetal calf serum, glutamine (2 mmol/l), penicillin (100 U/ml) and streptomycin (100 µg/ml). Cells ( $6 \times 10^5$  cells in 200 µl) were aliquoted into wells in a 96-well microtitre plate and were stimulated with either CII (50 µg/ml) or ConA (2.5 µg/ml; Sigma-Aldrich Co. Ltd) for 48 hours, after which supernatants were collected and stored at  $-80^{\circ}\text{C}$  until measurements of IFN- $\gamma$  or IL-4 were performed by ELISA (see below).

#### Detection of dTNFR and antihuman TNFR2 by ELISA

To measure levels of dTNFR, a microtitre plate was coated with 50 µl of a mouse monoclonal antihuman TNFR2 (R&D Systems, Minneapolis, MN, USA) at 4 µg/ml overnight at  $4^{\circ}\text{C}$ . Plates were washed with PBS and then blocked with 200 µl of 2% casein solution in PBS for 1 hour at room temperature. Plates were washed with PBS containing 0.05% Tween 20 (PBS/Tween) before incubation of standards (50 µl of human TNFR2 [R&D Systems] 1 pg/ml to 1 µg/ml) and samples (50 µl of serum or culture medium) for 3 hours at room temperature. Plates were washed extensively with PBS/Tween before incubation with 50 µl of biotinylated goat antihuman TNFR2 (R&D Systems) at a concentration of 100 ng/ml for 1 hour at room temperature. Signal was detected using the TMB microwell substrate system (Kirkegaard and Perry Laboratories Inc., Gaithersburg, MD, USA) and the reaction stopped by addition of 4 mol/l sulphuric acid (100 µl) and absorbance measurements were performed at 450 nm using an EL 312e microplate biokinetics reader (Bio-Tek Instruments Inc., Winooski, VT, USA). The detection limit of this ELISA was 10 pg/ml.

In order to determine the immunogenicity of the dTNFR, an ELISA was also performed to measure antihuman TNFR2 in the sera from experimental mice. Microtitre plates were coated overnight at  $4^{\circ}\text{C}$  with 50 µl of human TNFR2 (2 µg/ml). Plates were washed with PBS and then

blocked with 2% casein solution in PBS for 2 hours at room temperature. Plates were then washed with PBS/Tween and then incubated with serum (diluted 1 : 500) or dilutions of control mouse monoclonal antibody (R&D Systems: 1 µg/ml to 0.1 pg/ml) for 3 hours at room temperature. Plates were again washed with PBS/Tween and bound antibody was detected using peroxidase conjugated sheep antimouse IgG (The Binding Site, Birmingham, UK), and after 1 hour the signal was developed and measured as described above. The control mouse monoclonal antibody was detected down to a concentration of 0.1 pg/ml.

#### ELISA for detection of anti-CII IgG

Microtitre plates (96-well) were coated with 50 µl of 2 µg/ml CII dissolved in Tris-buffered saline overnight at 4°C. After blocking for 2 hours with 2% casein (200 µl), wells were repeatedly washed with PBS/Tween and then 50 µl of 10-fold dilutions of mouse sera from 1/10 to 1/100 000 000 were applied to the wells and incubated overnight at 4°C. Total anti-CII IgG and IgG isotypes were quantitated using 50 µl of peroxidase conjugated sheep antimouse IgG, IgG<sub>1</sub> and IgG<sub>2a</sub> (The Binding Site) at a dilution of 1/5000 with PBS/Tween. Signal was detected as described above. Each plate included a standard curve of a positive serum obtained from untreated CIA mice at day 40, which was used to define arbitrary units of total IgG, IgG<sub>1</sub> and IgG<sub>2a</sub> anti-CII antibodies.

#### Measurement of IL-4 and IFN-γ by ELISA

Microtitre plates were coated with 50 µl of capture antibody for IL-4 (rat antimouse IL-4 used at 2 µg/ml; Pharmingen, San Diego, CA, USA) or IFN-γ (rat antimouse IFN-γ used at 5 µg/ml; Pharmingen), both antibodies were diluted with 0.5 mol/l carbonate/bicarbonate buffer (pH 9.6), and plates were incubated overnight at 4°C. Plates were washed with PBS and then blocked with 200 µl of 2% casein solution in PBS for 1 hour at room temperature. Plates were washed with PBS/Tween before incubation of 50 µl of samples and standards (IL-4 [10 ng/ml to 3 pg/ml] or IFN-γ [300 ng/ml to 100 pg/ml]) for 3 hours at room temperature. Plates were washed extensively with PBS/Tween before incubation with 50 µl biotinylated mouse monoclonal antibody to IL-4 (rat antimouse IL-4 used at 0.5 µg/ml; Pharmingen) or IFN-γ (rat antimouse IFN-γ used at 1 µg/ml; Pharmingen). Plates were again washed and then incubated with streptavidin biotinylated horseradish peroxidase complex (diluted 1 : 1000; Amersham Biosciences UK Ltd, Little Chalfont, Bucks, UK). Signal was detected as described above and the limits of detection for the IL-4 and IFN-γ ELISAs were 3 pg/ml and 100 pg/ml, respectively.

#### Statistical analysis

Descriptive statistics and significant differences between groups were calculated using Student's *t*-tests for two

samples data of unequal variance (Microsoft® Excel 98 software).

## Results

#### Expression of dTNFR *in vitro*

Transient transfection of Cos-7 cells was used to demonstrate expression of dTNFR from the construct pcdTNFR (Fig. 2). A basal level of TNFR2 was also detected in the control transfection of Cos-7 with pcDNA3, which indicates that the ELISA cross-reacts with the monkey TNFR2 produced spontaneously by this cell line. We previously found that this ELISA reacts with monkey TNFR2 (unpublished data).

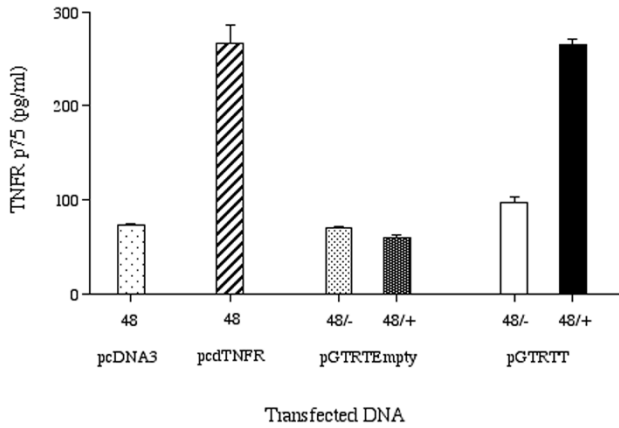
Expression of dTNFR from pGTRTT was determined in transiently transfected Cos-7 cells. Induction of transfected Cos-7 cells with doxycycline (1 µg/ml) for 48 hours achieved expression levels of dTNFR from pGTRTT that were equivalent to the levels produced from cells transfected with pcdTNFR (Fig. 2). As previously demonstrated for pGTRTL, there was some basal activity of the *Ptet* in pGTRTT, with dTNFR expression detected in the absence of doxycycline induction. As expected, the control vector pGTRTEEmpty expressed no dTNFR above background in either the absence or presence of doxycycline.

#### Expression of luciferase following *in vivo* plasmid injection and electroporation

Electroporation has been reported to enhance the transfection efficiency of plasmid DNA delivered *in vivo* by intramuscular injection [10]. In order to confirm this effect in naïve DBA/1 mice, the constitutively expressing plasmid pLuc+ was injected intramuscularly and electroporated. Measurement of luciferase expression 3 days later indicated that electroporation enhanced transfection efficiency, with expression levels 245-fold greater than achieved with DNA injection alone (Fig. 3a).

The self-contained autoregulatory plasmid pGTRTL, which was previously shown to function efficiently *in vitro*, was assessed for function *in vivo* following delivery to naïve DBA/1 mice. Expression of luciferase from pGTRTL was compared with luciferase expression from the control vectors pGCMV, pGmCMV and pGTL. In each case, after DNA was injected and electroporated the mice were left for 2 weeks; then those that were injected with pGTRTL either were maintained non-induced with a drink of 10% sucrose, or they were induced with doxycycline drinks prepared in 10% sucrose at concentrations of 200 µg/ml or 2 mg/ml. After a further 2 weeks mice were killed and expression levels of luciferase determined. Results in Fig. 3a confirmed that regulated expression of luciferase from pGTRTL is observed *in vivo*, with 43-fold and 27-fold induction observed in groups that received doxycycline drinks of 200 µg/ml and 2 mg/ml, respectively. Induced levels of luciferase from pGTRTL with 200 µg/ml doxycy-

Figure 2



Expression of dimeric human tumour necrosis factor receptor 2 (dTNFR) from pcdTNFR and pGTRTT transfected Cos-7 cells. Cos-7 cells plated in 12-well plates at  $0.4 \times 10^6$ /well were transiently transfected with 2  $\mu$ g of the constructs pGTRTT, pcdTNFR, pGTRTEempty and pcDNA3. Cells transfected with pGTRTT or pGTRTEempty were either cultured in normal media (lighter bars) or media supplemented with doxycycline (1  $\mu$ g/ml; darker bars). Levels of human TNFR2 were measured in culture supernatants collected after 48 hours and are expressed as the mean of triplicate values, with vertical lines representing the standard error.

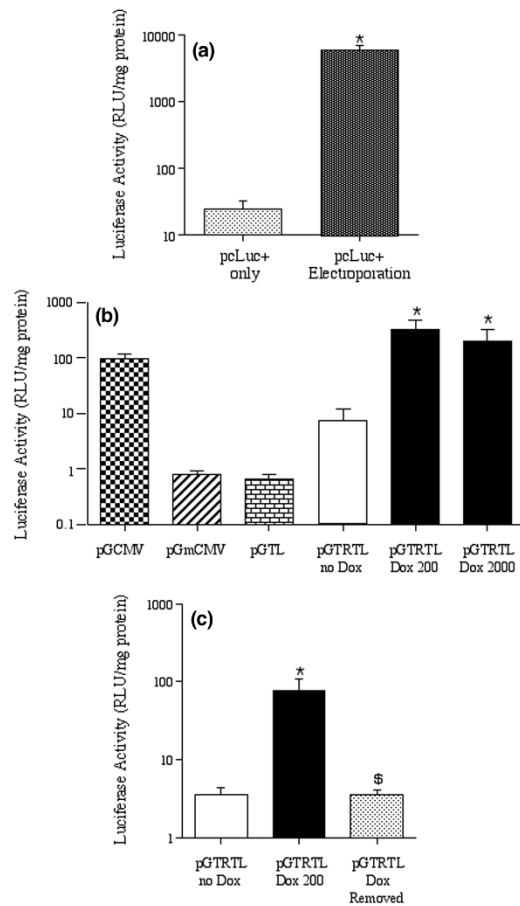
cline exceeded the expression levels observed with pGCMV by more than threefold. Interestingly, basal expression of luciferase from pGTRTL was significantly greater than from the control vectors pGmCMV and pGTL.

The downregulation of luciferase expression from pGTRTL *in vivo* was assessed in mice that were untreated for 2 weeks after DNA injection, then induced with doxycycline (200  $\mu$ g/ml) for 2 weeks, and then had doxycycline removed for 3 days before terminating the experiment. Fig. 3c illustrates that removal of doxycycline for 3 days resulted in return to basal levels of luciferase expression observed for the non-induced pGTRTL group, whereas a group that continued to receive doxycycline for the extra 3 days maintained induced levels of luciferase expression.

**Treatment of collagen-induced arthritis with pcdTNFR after disease onset**

Control plasmid pcDNA3 ( $n=11$ ) or the expression plasmid pcdTNFR ( $n=14$ ) were delivered by intramuscular injection and electroporation to arthritic (clinical score at least 0.5) DBA/1 mice on day 27 after CII immunization. Clinical score and hind paw swelling was monitored and is shown in Fig. 4a and 4b. The results indicate that there was no therapeutic effect of pcTNFR treatment. The clinical score of mice at the time of DNA delivery on day 27 was in the range 0.5–4, and a published study indicates that the therapeutic outcome of TNF- $\alpha$  inhibition is related to the level of disease activity when treatment is initiated in

Figure 3



Constitutive and regulated luciferase expression *in vivo*. (a) Plasmid pcLuc+ (15  $\mu$ g) was injected intramuscularly into the right quadriceps of six naïve DBA/1 mice. The muscle of three mice was then electroporated (8 pulses, 200 V/cm, 20 ms duration, 2 Hz), and the other three mice were untreated. Three days later the experiment was terminated and muscle processed for measurement of luciferase. Levels of luciferase are the mean of three animals and are normalized for protein concentration of the muscle lysate. Vertical lines represent standard error, and a significant difference ( $P \leq 0.01$ ) between the luciferase level in the muscle of electroporated and non-electroporated mice is indicated (\*). (b) Plasmid DNA (15  $\mu$ g) was injected (intramuscularly) and electroporated in naïve DBA/1 mice. After 2 weeks GTRTL injected mice ( $n=5$  for all groups) were given 10% sucrose (white bar), or doxycycline drinks (black bars) prepared in 10% sucrose at 200  $\mu$ g/ml and 2 mg/ml for the subsequent 2 weeks. Luciferase expression in muscle was determined in dissected muscle and was compared with that in mice receiving the control plasmids pGCMV, pGmCMV and pGTL. Significant differences between the pGTRTL plus doxycycline groups and the non-induced pGTRTL group ( $P \leq 0.05$ ) are indicated (\*). (c) Downregulation of luciferase expression from pGTRTL was assessed in a group of mice that had received doxycycline 200  $\mu$ g/ml for 2 weeks; they were switched to sucrose for 3 days, after which luciferase levels in muscle were compared with those in groups that were non-induced or continuously induced for the duration of the experiment. A significant difference between the pGTRTL plus doxycycline group and the non-induced pGTRTL group ( $P \leq 0.05$ ) is indicated (\*), and a significant difference between the pGTRTL doxycycline removed group and the pGTRTL doxycycline 200 group ( $P \leq 0.05$ ) is indicated (\$). RLU, relative light unit.

mouse CIA [22]. Animals were therefore subdivided into those that had a clinical score of 2 or less and those with a higher clinical score at the time of DNA injection. In terms of clinical score, a significant therapeutic effect of pcdTNFR was observed in mice ( $n=6$ ) with lower disease activity at the time of DNA injection, as compared with those injected with pcDNA3 ( $n=9$ ), and no therapeutic effect was observed in mice with a clinical score greater than 2 when treatment (pcdTNFR,  $n=8$ ; pcDNA3,  $n=2$ ) was initiated (Fig. 4c and 4e). Data for paw swelling also illustrate a significant therapeutic effect of pcdTNFR in mice with lower disease activity than in those that had more established disease at the initiation of treatment (Fig. 4d and 4f).

#### Inhibition of collagen-induced arthritis with dTNFR expressed from pGTRTT delivered after disease onset

Animals injected with the plasmid pGTRTT on day 27 and administered doxycycline ( $n=17$ ) developed significantly reduced arthritis, as measured by paw thickness and clinical score, when compared with control animals that received pGTRTT but no doxycycline ( $n=16$ ) and animals that received the control vector pGTRTEEmpty and doxycycline ( $n=16$ ; Fig. 5a and 5b). When therapeutic effect was assessed on the basis of disease activity at the time of DNA delivery, it was clear that animals with a clinical score under 2 responded to pGTRTT plus doxycycline treatment in terms both of clinical score and of hind paw swelling (Fig. 5c and 5d). Where disease had progressed to give a clinical score greater than 2 at the time of DNA delivery, no benefit of pGTRTT plus doxycycline was observed (Fig. 5e and 5f).

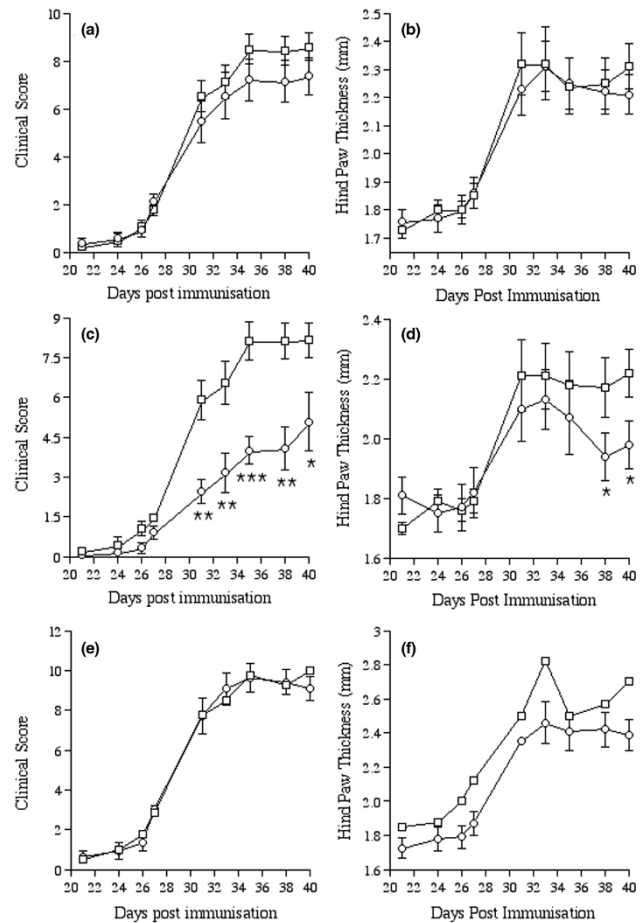
Levels of dTNFR in the serum of pGTRTT treated mice was below the detection level of the ELISA (data not shown), and no antihuman TNFR2 was detected in these sera (data not shown), indicating that the dTNFR was not immunogenic during the time frame of the experiment.

The average daily fluid intakes per mouse for the groups in which the treated animals were housed were determined at 3.6 ml, 3.1 ml and 3.4 ml for the pGTRTT plus doxycycline, pGTRTT without doxycycline, and pGTRTEEmpty plus doxycycline treatment groups, respectively. The average amount of doxycycline administered was therefore 720  $\mu$ g in the pGTRTT treated group, which equates to approximately 30 mg/kg doxycycline/day.

#### Immunological status of collagen-induced arthritis mice was not altered by dTNFR treatment

The anti-CII antibody profile of mice treated with pGTRTT with or without doxycycline and pGTRTEEmpty was similar at the end of the experiment for all groups (Table 1). In addition, cytokine release from draining lymph node cells in response to CII or ConA stimulation was also unaffected by any treatment (Table 2).

**Figure 4**



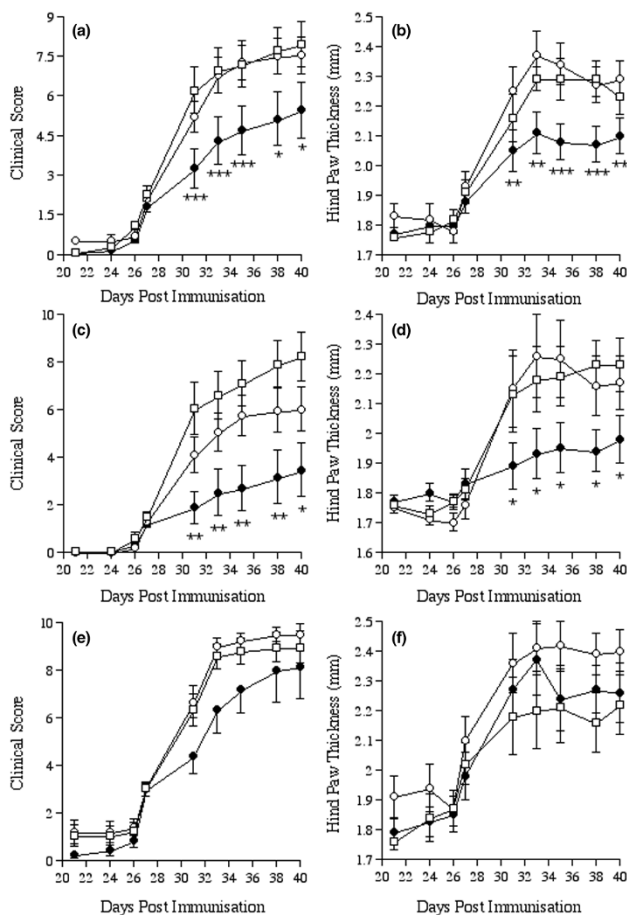
Effect of pcdTNFR on progression of collagen-induced arthritis. Development of arthritis was monitored by (a, c and e) clinical score and (b, d and f) hind paw swelling in DBA/1 mice. Treatment was administered after onset of clinical arthritis. All mice injected with pcdTNFR (○;  $n=16$ ) and pcDNA3 (□;  $n=11$ ) are depicted in panels a and b; those with a clinical score less than 2 at the time of DNA injection are presented in panels c and d; and those with a clinical score above 2 when treatment was initiated are plotted in panels e and f. Significant differences between the pcdTNFR and pcDNA3 group ( $P \leq 0.05$ ) are indicated (\*).

## Discussion

In the present study we demonstrated a therapeutic effect of dTNFR in CIA when expressed from plasmid DNA under the control of constitutive and regulated promoters. Importantly, the therapeutic effect was achieved when DNA was delivered after disease onset, and all of the components for regulated expression were combined in a single vector.

We confirmed in DBA/1 mice that electroporation increases transfection efficiency *in vivo* following intramuscular injection of plasmid DNA, with transgene expression detected beyond 4 weeks from pGTRTL. In

Figure 5



Gene therapy treatment of collagen-induced arthritis (CIA) with regulated expression of dimeric human tumour necrosis factor receptor 2 (dTNFR). Progression of CIA was monitored by clinical score (a, c and e) and hind paw swelling (b, d and f) in groups that received pGTRTEmpty plus doxycycline (□;  $n=16$ ), pGTRTT without doxycycline (○;  $n=16$ ) and pGTRTT plus doxycycline (●;  $n=17$ ). Treatment was administered after onset of clinical arthritis. All treated animals are illustrated in panels a and b; those with a clinical score of 2 or less at the time of DNA injection (day 27) are illustrated in panels c and d; and animals with a clinical score greater than 2 at the start of treatment are depicted in panels e and f. Significant differences between the pGTRTT plus doxycycline and the pGTRTT without doxycycline groups are indicated (\* $P<0.05$ , \*\* $P<0.02$  and \*\*\* $P<0.01$ ).

agreement with other studies using mice, these observations indicate that there is long-term persistence of plasmid DNA [10], and expression of the transgene luciferase [10] and rTA [23] encoded by the autoregulatory plasmid. Regulation from pGTRTL *in vivo* is comparable to *in vitro* function [19], as demonstrated by the 43-fold increase in luciferase expression induced by 2 weeks of doxycycline induction, and return to basal expression 3 days after removal of doxycycline. Interestingly, the basal expression from pGTRTL was elevated

compared with pGTL *in vivo*, whereas the basal expression from the two vectors was similar in cultured fibroblasts [19], which may indicate an effect that is related to expression in skeletal muscle. Improvements in the tetracycline system have led to the development of *tetR* targeted repressors such as *tetR*-KRAB [24] and tTS [25], which have been shown to reduce efficiently basal expression from the *Ptet* regulated promoters *in vitro* and when codelivered to skeletal muscle [26,27]. Incorporating the *tetR*-KRAB gene into the self-contained plasmid would reduce basal expression and increase the magnitude of regulation, as was recently achieved with an adenoviral vector [28].

According to data obtained in clinical trials, transfection of human skeletal muscle with injected plasmid DNA does not appear to be as efficient as in mice because only short-term transgene expression has been demonstrated [29]. Enhanced transfection efficiency by electroporation has yet to be conducted in humans, but observations with primates indicate a beneficial effect [10]. The tetracycline gene regulatory system has also been demonstrated to function in primates, but there is evidence of immunogenicity in this species [30]. Although the components of the system may also be immunogenic in humans, further research will be needed to determine whether regulated expression of an immunomodulatory cytokine enables transfected cells to evade detection by the immune system.

Constitutive expression of therapeutic genes has been utilized extensively and successfully in experimental gene therapy. However, for clinical application regulated promoter systems are more flexible because they enable the level of expression to be controlled and provide a means by which to terminate gene expression. These features are likely requirements for gene therapy application in chronic relapsing conditions such as RA. Although the present study demonstrates the effectiveness of the pGTRTT autoregulated vector, the full utility was not harnessed because dTNFR was continuously induced. More stringent examination requires the use of chronic arthritis models such as CIA in  $V\beta 12$  T-cell receptor transgenic mice [31] and use of therapeutic molecules that actually reverse established disease, for example IL-4 [32] and IL-1 inhibitors [22,33].

In the present study the therapeutic effect of dTNFR was clearly demonstrated in CIA when expressed from plasmids with constitutive or regulated promoters, but in both cases the therapeutic effect was related to the disease severity at the time of DNA injection. The first reports of anti-TNF- $\alpha$  treatment by protein therapy in CIA indicated that therapeutic effect was observed when anti-TNF- $\alpha$  treatment was initiated before disease onset [34,35] or immediately after onset [35]. The therapeutic effect of anti-



**Table 1****Anticollagen II antibodies in mice with collagen-induced arthritis**

Treatment	Anti-CII antibodies			
	Total IgG <sub>1</sub>	IgG <sub>1</sub>	IgG <sub>2a</sub>	IgG <sub>2a</sub> :IgG <sub>1</sub> ratio
GTRTEEmpty + doxycycline	0.64 ± 0.11	2.0 ± 0.7	1.6 ± 0.3	1.3 ± 0.4
GTRTT – doxycycline	1.1 ± 0.4	1.7 ± 0.5	1.5 ± 0.5	1.4 ± 0.3
GTRTT + doxycycline	1.1 ± 0.3	1.6 ± 0.3	1.3 ± 0.2	1.4 ± 0.4

Results are presented from at least six animals in each group. Anti-CII IgG levels in sera collected at the end of the experiment (day 40) was determined by ELISA, with values expressed relative to those obtained for a pooled sample from untreated mice at the same time point. CII, collagen type II.

**Table 2****Cytokine release from draining lymph node cells of collagen-induced arthritis mice**

Treatment	Cytokine release from DLN cells			
	IFN- $\gamma$ (ng/ml): 48 hour CII	IFN- $\gamma$ (ng/ml): 48 hour ConA	IL-4 (pg/ml): 48 hour CII	IL-4 (pg/ml): 48 hour ConA
GTRTEEmpty + doxycycline	0.41 ± 0.03	4.2 ± 1.1	11.9 ± 3.2	33.2 ± 8.8
GTRTT – doxycycline	0.66 ± 0.15	2.4 ± 0.8	6.4 ± 1.5	24.4 ± 6.7
GTRTT + doxycycline	0.49 ± 0.04	2.8 ± 0.9	9.0 ± 1.6	21.5 ± 2.4

Results are presented from at least six animals in each group. Cytokine release from draining lymph node (DLN) cells was induced by 48 hours of stimulation with CII or ConA and was measured by ELISA. CII, collagen type II.

TNF- $\alpha$  in CIA was later shown to relate directly to the stage of CIA development at the time treatment was initiated, with maximum effect achieved when treatment was started just after disease onset. The effect was less when administered 2 days after onset and it was ineffective when treatment was started 7 days after onset [22]. Essentially, where disease activity was lower anti-TNF- $\alpha$  was beneficial, but when disease was more advanced TNF- $\alpha$  inhibition was ineffective. This is akin to observations in our gene therapy experiments. By contrast, anti-TNF- $\alpha$  therapy causes a reversal of chronic symptoms in a large proportion of RA patients, which clearly highlights a differential outcome from anti-TNF- $\alpha$  therapy in CIA and human disease.

The tetracycline system has previously been utilized in CIA gene therapy for regulated expression of vIL-10 [27,36]. In one study [36] regulated expression of vIL-10 was achieved by injection of two adeno-associated virus vectors intramuscularly before immunization of DBA/1 mice, and doxycycline administration started 23 days after immunization. The study conducted by Perez and coworkers [27] involved coinjection of a single plasmid from which vIL-10 was regulated, along with a plasmid encoding the transcriptional silencer tTS. Doxycycline and plasmids (intramuscular and electroporated) were both delivered before onset of disease and resulted in a modest delay in onset and reduced incidence of arthritis.

Doxycycline is reported to have direct effects on inflammatory processes, which theoretically could be of direct benefit in the treatment of arthritis. *In vitro* studies have shown that doxycycline inhibits bone and cartilage breakdown [37], inhibits matrix metalloproteinases (particularly the activity of matrix metalloproteinase-13 and -8 against CII [38]), increases inducible nitric oxide synthase mRNA degradation [39], and induces Fas/Fas ligand mediated apoptosis of activated T cells [40]. However, these effects of doxycycline in general have a 50% inhibitory concentration in excess of 10  $\mu$ g/ml, whereas maximal activation of the *Ptet* occurs at a concentration of 1  $\mu$ g/ml. Indeed, no beneficial effect of doxycycline treatment with the control vector pGTRTEEmpty was evident in this study, and a recent clinical trial showed no benefit of doxycycline treatment of RA patients [41]. However, the tetracycline analogue minocycline administered at a similar concentration (800  $\mu$ g/ml) to that used in this study was beneficial in adjuvant arthritis and CIA in rats [42].

When anti-TNF- $\alpha$  treatments were initiated before onset of disease in CIA and in transfer models of arthritis, effects have been observed on disease severity [4,34,35,43,44]. Changes in immune response were also noted, including reduced proinflammatory cytokine production, anti-CII antibody levels in sera [4], and changes in anti-CII immunoglobulin isotype ratio [45,46], indicating a down-regulation of the T-helper-1 response.

When gene therapy has been started at the onset of disease, the therapeutic effects of anti-TNF- $\alpha$  have been less consistent. Expression of a dimeric chimeric human TNFR1-IgG fusion protein from adenovirus was effective in a rat CIA model when delivered intravenously after onset (low level) of disease, but it was ineffective when delivered intra-articularly [43]. In mouse CIA, intravenous administration of adenovirus encoding the same dimeric TNFR1 molecule at onset ameliorated disease development for 10 days and was followed by rebound exacerbated disease [47]. Injection of retrovirus encoding TNFR1-IgG peri-articularly at the onset of disease inhibited its progression [48]. Injection of retrovirally transduced syngeneic fibroblasts encoding dTNFR at onset of CIA did not prevent disease development [4]. These previous studies used viral vectors, and in this regard our study is the first to observe a therapeutic effect with a TNF- $\alpha$  inhibitor expressed from plasmid constructs.

Few studies have examined the effects of anti-TNF- $\alpha$  on the immune system when treatment commenced at or after the onset of CIA. Expression of dTNFR from fibroblasts injected at CIA onset did not alter anti-CII levels [4], while expression of TNFR1-immunoglobulin following injection (peri-articularly) of encoding retrovirus at onset in arthritic paws has been reported to reduce anti-CII levels, particularly IgG<sub>2a</sub>, at 7 days after onset [48]. We were unable to show any effect of dTNFR treatment on anti-CII levels or cytokine expression from stimulated draining lymph node cells. Although we examined immunological markers at a similar time point as did Mukherjee and coworkers [48], we used different TNF- $\alpha$  inhibitors, vectors and routes of delivery, and we initiated treatment after disease onset.

The observation that expression of dTNFR for 13 days in the CIA experiments was not immunogenic is encouraging. In RA patients there has been no report of immunogenicity against Etanercept<sup>®</sup>, which also contains the extracellular domain of the human TNFR2. By contrast, expression of TNFR1-IgG encoded from adenovirus in mouse CIA led to the development of autoantibodies to mouse TNFR1 [47]. There was some evidence that these antibodies had agonistic TNF- $\alpha$  activity *in vitro*, and the immunogenicity of the TNFR1-IgG was associated with the rebound exacerbation of disease that was observed.

The overall picture that emerges is that before disease onset inhibition of TNF- $\alpha$  can inhibit disease development by targeting the immune response. But after onset of disease the target for TNF inhibition is to block the cascade of inflammatory cell recruitment and for optimal effect the inhibitory molecule should be delivered as soon after disease onset as possible.

This study illustrates the potential for performing gene therapy with a single injection of regulated vector in CIA.

Improvements in plasmid delivery and gene regulation may permit adoption of a similar therapeutic approach in RA patients in the future.

## Conclusion

In the present study we inhibited disease progression in established CIA with dTNFR expressed from plasmid DNA in a constitutive or regulated manner. Response to anti-TNF- $\alpha$  therapy occurs in a large proportion of RA patients. However, in CIA inhibition of TNF- $\alpha$  is less potent. In the study we showed that inhibition of disease progression, by a plasmid encoding dTNFR, is mainly observed when the arthritis score is low at the start of treatment. Regulated vectors are powerful tools in gene therapy but will require stringent long-term testing in chronic models of disease in order to demonstrate their full potential. Plasmid delivery of therapeutic molecules such as TNF- $\alpha$  inhibitors represents a feasible and simple gene therapy approach for RA treatment and demands further improvements in gene regulation and methods of delivery.

## Competing interests

None declared.

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